

# WEEKLY SCHEDULE PLANNER

FEBRUARY

CYBER ACTIVITIES

## WEDNESDAY

CHATTY CAFE WITH  
OWEN SOUND  
COMMUNITY LIVING  
10AM-10:30AM  
MEETING ID: 439 407 2342  
PASSCODE:  
441097

NATURALIST CLUB  
12:30-1:30PM  
MEETING ID: 853 3192 8461  
PASSCODE: 932092

MOVING WITH GOLDA  
6:30-7:30PM  
MEETING ID: 824 7321 9090  
PASSCODE: 674330

## SATURDAY

GOLDA'S RETRO  
LOUNGE

NICOLE'S NIFTY NOTES

JAMMIN WITH IAN

1-2PM

MEETING ID: 824 7185 7070  
PASSCODE: 271551

(ROTATING WEEKLY)

## MONDAY

MOVING WITH MIRANDA  
10AM-11AM

MEETING ID: 811 5911 5913  
PASSCODE: 723627

RANDOM ACTS OF  
KINDNESS  
1PM-2PM

MEETING ID: 826 6632 6315  
PASSCODE: 679429

## THURSDAY

ZUMBA WITH BJ  
10-10:45 AM  
MEETING ID: 867 4947 7546  
PASSCODE: 295505

BRAIN GAMES  
2PM-3PM  
MEETING ID: 894 8371 4146  
PASSCODE: 367613

CARDMAKING WITH  
KAREN'S CREATIONS  
YOUTUBE VIDEO WILL BE  
SENT OUT

## SUNDAY

TAKE A GAME BREAK  
2:30-3:30 PM

MEETING ID: 818 4949 4315  
PASSCODE: 692516

## TUESDAY

MUSIC WITH ED KELLY  
10AM - 11:30PM

MEETING ID: 854 7982 0768  
PASSCODE: 971497

FOOD ADVENTURERS  
2PM-3:30PM

MEETING ID: 835 6795 5246  
PASSCODE: 375921

## FRIDAY

SELF ADVOCATES  
10-11AM  
MEETING ID: 815 4056 1573  
PASSCODE: 519118

BOOK CLUB  
1-2PM  
MEETING ID: 849 2193 0473  
PASSCODE: 598588

## NOTES

PLEASE SIGN UP IN  
ADVANCE BY  
CONTACTING  
TIFFANY AT  
TFORBES@BPACL.CA  
OR BY CALLING  
226-668-5583

\*\*\*PLEASE BE ADVISED THAT RANDOM  
ACTS OF KINDNESS, FOOD  
ADVENTURERS AND CARDMAKING WILL  
HAVE A COST TO PARTICIPATE \*\*\*